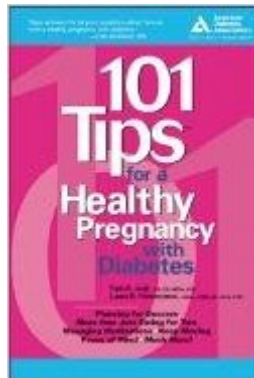




The book was found

# 101 Tips For A Healthy Pregnancy With Diabetes



## Synopsis

The newest installment in the American Diabetes Association's bestselling 101 Tips series helps women with diabetes cope with pregnancy using a quick, easy-to-read question-And-answer format. 101 Tips for a Healthy Pregnancy with Diabetes offers tips on topics such as prepregnancy; nutrition; managing medication; managing diabetes during pregnancy; making it through labor; postpartum; and much more.

## Book Information

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## Customer Reviews

Patti B. Geil, M.S., R.D., F.A.D.A., C.D.E. and Laura B. Hieronymous, R.N., M.S.Ed., C.P.T., C.D.E. have many years of professional and personal experience with diabetes and pregnancy. They have collaborated on several articles and public presentations on the topic of diabetes and pregnancy.. . Patti Geil has written several other books for the American Diabetes Association..

As a Type 1 Diabetic I have found it difficult to find information on pregnancy, most information is for gestational diabetics. This book provided information for Types 1,2, and gestational in a easy to read format. The questions and answer format was easy to read, without getting boring. It is a short read, but very informative. It answered a lot of questions both my husband and I had, and it also gave me ideas of questions to ask my doctors that I would not of otherwise thought of asking. I highly recommend this book to any diabetic woman who is planning on getting pregnant or who is.

handy book for those who need to learn about diabetes while pregnant

nice

Book was perfect ! It was nice to read about people with diabetes having some of my same concerns and what they did to handle them.

I am the editor and forum host of Diabetic Mommy Online Magazine - [...] I just read this book. Those of you that know me from my site, know that I like straight forward and easy to understand books. I don't have a whole lot of time on my hands, and I love to have the answers served up to me that are direct, to the point, thoroughly explained - AND delivered in an entertaining tone. This little book hit all those marks. I learned some new things too! The format is totally question and answer. When I first heard that, I thought, Oh no, it's just going to be one question after another, totally unrelated, and I'm going to end up feeling like I'm having a bunch of facts thrown in my face! It was far from that. It was an interesting read. The book is organized into categories that flow in a logical progression - for instance going from planning to after birth. The tone of the book is friendly and positive. I found a lot of the same questions in the book that I find in my forum. So, it does a pretty good job predicting what issues a Diabetic Mommy might need more info on. There are also plenty of charts and small lists for easy reference. This system doesn't allow you to give 1/2 stars, and in the review on my site, I gave it 4-1/2 stars. I didn't feel marking 4 stars here would do the book justice so I marked 5. The reason why I didn't give it all 5 stars is because I did not feel the glossary was complete. In a format like this, it's hard to go back and find information you want to re-read. It's hard to remember where it was when many of the questions deal with the same basic subjects. It's a small enough book and it's easy enough to find what you are looking for, but it would be a whole lot easier if there were more in the glossary. I was debating on throwing this in, but decided to go ahead. This is a perfect "bathroom" book. You can reread it or flip through it to refresh your memory often. It's also light enough and entertaining enough for other members of the family to flip through when they encounter it. I would recommend this one being in a Diabetic Mommy's collection. Bjay, Editor Diabetic Mommy Online Magazine [...]

This book might have good tips for someone with gestational or Type 2 diabetes, but it was nothing new for me. I really did not learn one thing that I didn't already know. It is well written and to the point. Very helpful for those who just started this game of diabetes, but I've been Type 1 for 30

years and already been through 1 pregnancy.

I was very disappointed in this book. I bought 3 books when I was diagnosed with Gestational Diabetes & this one cost the most & it was the least helpful. I didn't like the questions & answer format of this book. I wanted facts & advice, not corny questions & answers. A lot of fluff. I recommend Managing your Gestational Diabetes by Lois Jovanovic-Peterson MD instead.

Recently diagnosed with gestational diabetes, this book was extremely helpful and informative. It answered all of the questions I had about the condition and how it was affecting my pregnancy in an easy to understand format. I showed this book to my dietician - she was so impressed, she is ordering several for her office.

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